



Pandemic Resources for Nonprofits

As we continue to practice physical distancing to limit the spread of COVID-19, many organizations are transitioning to remote work, considering cancelling or postponing events, wondering how to remain inclusive and equitable, and dealing with new anxiety and stress. On this page you'll find resources on these topics that are top of mind for the network during this time.

The majority of River Network staff work remotely year-round from home offices around the country. Our team is deeply familiar with leading virtual meetings and facilitating connection among remote groups. Please don't hesitate to contact us with any questions pertaining to remote work. We are here to help!

Have a resource you'd like to share with the network? Let us know and we'll include it here!

General Advice & Resource Libraries

- [Responding to the Coronavirus Outbreak: Resources to Help Nonprofits](#) from The Chronicle of Philanthropy
- [Here for This](#) from M+R
- [Community Care in the Time of Coronavirus](#) from US Department of Arts and Culture
- [Resources to Assist You in Navigating Your Organization's Response to COVID-19](#) from TREC

Stress & Anxiety

- [Managing Stress & Anxiety](#) from Centers for Disease Control and Prevention
- [7 Science-Based Strategies to Cope with Coronavirus Anxiety](#) from The Conversation
- [We Asked Experts How to Cope with Your Coronavirus Anxiety](#) from Shine
- [How to Handle Coronavirus Anxiety](#) from Ten Percent Happier podcast
- [Managing the Stress and Uncertainty of Coronavirus](#) from Harvard Business Review

Equity, Diversity, Inclusion & Justice

- [Ten Equity Implications of the Coronavirus COVID-19 Outbreak in the United States](#) from NAACP
- [Social Justice in a Time of Social Distancing](#) from Design Studio for Social Intervention
- [Decolonizing Community Care in Response to COVID-19](#) from NDN Collective
- [Treating Yellow Peril: Resources to Address Coronavirus Racism](#) from Jason Oliver Chang
- [10 Ways Inclusive Leaders Can Mitigate Bias When Communicating About Coronavirus](#) from Brevity & Wit via Medium

Working Remotely

- [8 Tips To Make Working From Home Work For You](#) from NPR's Life Kit podcast
- [A Guide to Remote Working for Nonprofits](#) from Wild Apricot
- [Nonprofit Resources for Remote Work During the COVID-19 Outbreak](#) from TechSoup
- [Tech Tips for Working Remotely During COVID-19](#) from Earth Institute at Columbia University

River Network Staff Tips and Productivity App Recommendations:

- Get up and get ready in the morning. This doesn't have to mean "office ready" unless you're doing video calls, but getting out of PJs can help productivity.
- Have a dedicated work area – that is NOT your kitchen table or counter!
- Try to keep to your normal eating habits.
- Schedule time blocks on your calendar for uninterrupted time to complete specific tasks or projects.
- Todoist ([app](#)), for tracking work flow and projects.
- FitOn, ([app](#)) for short movement breaks throughout the day. Or, set an alarm for every 50 minutes to remind yourself to get up from the desk and move.
- Loop – Habit Tracker ([app](#)), to help set healthy work at home goals.

Virtual Trainings & Meetings

- [How Nonprofits Can Connect Virtually During Trying Times](#), from Clarification
- [A Good Time to Get Good at Virtual Meetings](#) from Spitfire Strategies
- [Training Remotely – A Facilitators Guide](#) from Train Your Board
- [Moving Your Course Online Due to the Coronavirus? 10 Tips to Engage Students](#) from Marybeth Gasman via LinkedIn
- [Understanding the Videoconferencing Tools Available to Your Nonprofit](#) from TechSoup
- [Mastering Virtual Meetings](#) from Train Your Board
- [Online Training Tools](#) from Training for Change

Water Shut-Offs & Policy

- [Tracking Cities' and States' Water Shut-Off Moratoriums](#), from Food and Water Watch
- [Policy Responses to COVID-19 \(housing, water, and other utilities\)](#), from Energy Efficiency for All
- [Take These Precautions When Your Water Is Restored](#), from We the People of Detroit

Events & Fundraising

- [What to Do If Your Fundraising Event Is Cancelled Due to Coronavirus](#) from MobileCause
- [Market Drops and Crisis: Fundraising Lessons and Your Lighthouse](#) from John Pepperdine via LinkedIn
- [How to Reach Your Donors and Volunteers](#) from Aspen Leadership Group
- [5 Ways to Raise Money When Donors Are Consumed by Nonstop News](#) from The Chronicle of Philanthropy